

TRANSITIONAL CARE UNIT

Overview

Charleston Center Transitional Care Unit provides intensive residential substance use treatment to men and women.

This individualized program encourages men and women to take an active role in beginning their recovery journey.

Transitional Care Unit is for men and women who...

- * *Are 18 years of age*
- * *Have been unable to manage their drug or alcohol use on their own*
- * *Have a desire to address the root causes of their substance use and its effects on their life*

Financial

Most insurance and Medicaid are accepted and billed on your behalf. Individual arrangements for payment plans can be made at initial intake, or as financial conditions change.

FOR INFORMATION AND REFERRALS

24-HOUR HELPLINE

(843) 722-0100

cchelp@charlestoncounty.org

<http://cc.charlestoncounty.org>

Our Treatment Curriculum

24-hour medical monitoring is provided to all men and women.

Medication Assisted Treatment for various substance use disorders is available.

Psychiatric and mental health concerns are addressed simultaneously with substance use disorders.

Supportive family members are encouraged to attend family group and visitation weekly.

Evidence-based approaches are delivered in individual and group counseling.

The following topics are addressed:

- * *Family*
- * *Relationships*
- * *Drug and Alcohol Education*
- * *Spirituality*
- * *Self-Esteem*
- * *Recovery Maintenance*
- * *Managing Feelings*
- * *Harm Reduction*
- * *Community Support Groups*

Average length of stay in the Transitional Care Unit is three to five weeks.

A caring team of clinical counselors, case managers and peer support specialists help individuals discover their meaning and purpose, find optimism and hope and plan for a better future.



Charleston Center

A division of Charleston County Government

Renewing Hope, Strengthening Lives

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